

New York/New Jersey VA Health Care Network VA New Jersey Health Care System

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To whom it may concern:

The Department of Veterans Affairs New Jersey Health Care System- Recreation Therapy Department has gratefully partnered with Spring Reins of Life, Inc. (SROL) for the past nine years. The VA would like to continue to partner with SROL who has provided equine assisted therapy and learning services to the Veterans on the Residential treatment programs: Domiciliary and Homeless program, Post Traumatic Stress Disorder program, Women's trauma/treatment program, and Substance abuse program.

The SROL program provides a unique therapy option which has assisted the Veterans with learning more about themselves in the areas of communication, trust, self-care, self-esteem, and coping strategies.

The Veterans who participate in Equine assisted therapy at SROL benefit greatly in both mental and emotional health. The VA Recreation Therapy department values our collaboration with SROL.

Sincerely,

Laurie Tomaino, CTRS Chief, Recreation Therapy