



Spring Reins of Life
High Pointe Equestrian Center
95 Whitehall Road
Pittstown, NJ 08867

November 16, 2011

To Whom It May Concern:

New City Kids is a non-profit organization serving children and youth in an under-resourced urban neighborhood in Jersey City, New Jersey. One of the goals of New City's programming is to expose young people to new settings, and in particular, to the outdoors. New City was delighted to partner with Spring Reins of Life for a trial visit for five high school students.

On October 1, 2011, five teenage young women participated in a trial session of Equine-Assisted Learning/Psychotherapy at Spring Reins of Life. The session included activities to foster observation, communication, and team-building. Most of the teenagers had never been near a horse before, and each went through a slightly different process discovering how they felt about being close to such a large animal. They were very engaged and positive about their experience.

One of the participants commented afterward: "it was amazing. I would have never expected that all to happen. It was like the horse can image you, like looking at yourself in a mirror."

Please consider partnering in the good work Spring Reins of Life is undertaking! Since our session, several of our teenagers have asked when we can go back. SROL was able to graciously fund the trial session for New City Kids. Securing additional partners will allow SROL to continue to serve young people through providing these unique experiences that have the potential to impact lives.

Thank you for your consideration. Please do not hesitate to contact me if I can be of further assistance.

Sincerely,

-Deborah Lemmen
Interim Director of Development and Communications
New City Kids