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October 18, 2011

Erin Reyhan, LSW  
Bonnie Brae  
3415 Valley Road,  
Liberty Corner, NJ 07938

Spring Reins of Life  
High Pointe Equestrian Center  
95 Whitehall Road  
Pittstown, NJ 08867

To Whom It May Concern:

Bonnie Brae is a residential treatment facility that strives to help adolescent boys reclaim their potential through education and therapy. As such, in September 2011, ten of our clients participated in a trial session of Equine Assisted Psychotherapy provided by Spring Reins of Life. During this session, our clients engaged in a variety of activities aimed at increasing their communication, problem solving, and interpersonal skills. Since this time, our clients have eagerly asked when they will be going back out to work with the horses. Based on the individual experiences of each client during our trial session, Bonnie Brae believes that continued Equine Assisted Psychotherapy will be therapeutically valuable to our clients. This experiential form of therapy often has positive effects on the adolescent population, particularly with clients that suffer from complex trauma. At Bonnie Brae, all of our clients have dealt multiple traumatic events which have ultimately led them to require intensive therapeutic interventions. As such, through the use of Equine Assisted Psychotherapy, we hope to reach our most difficult clients who struggle with expressing their thoughts, emotions, and beliefs related to traumatic events.

In order to continue Equine Assisted Psychotherapy with our clients, we will need to obtain grants, donations, and endorsements from various organizations and foundations. As such, we would appreciate any funding your foundation or organization may be able to provide to help us begin this endeavor.

Sincerely,

*Erin Reyhan, MSW, LSW*

Erin Reyhan, MSW, LSW  
Clinical Coordinator  
Bonnie Brae